



Milton Little League

2023

Safety Plan



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Milton Little League

Mission Statement

The objective of Milton Little League shall be to implant firmly in the children to the community the ideals of good sportsmanship, honesty, loyalty, courage, and respect of the authority so that they may be well adjusted stronger, and happier children and will grow to be good, decent healthy ad trustworthy citizens.

Important Contacts

Lance Laubach— President — (570-764-6152)

Kyle Woolsey — Vice President — (570-713-5563)

Bryan King — Coach Coordinator — (570-713-8345)

Sean Reese — Player Agent — (570-713-5566)

Tom Crawford — Umpire-In-Chief — (570-490-9515)

Zack Armstrong — Safety Officer — (570-847-8352)

John Bartholomew — Concession Manager - (570-246-3740)

Equipment Manger — Ben Firman — (570-713-4984)

Head Grounds — Matt Baker — (570-713-4675)

Emergency — 911

PPL — (1-800-342-5775)

UGI — (1-800-228-1110)

Poison Control — (1-800-222-1222)

Geisinger Medical Center — (570-275-6401)

Evangelical Community Hospital — (570-522-2000)

Milton Borough Police- (570-742-8757)

Safety Code

Safety Plan Compliance:

- This plan will be submitted to Little League International along with the facility survey and the Safety Plan Registration form.
- Current Safety Officer will be on file with Little League
- A copy of this safety plan will be given to the District Safety Officer.
- Each Manager will carry a copy of this plan with their team binder.
- A copy will be kept in the Milton Little League Concession stand.
- Player registration data and roster data for players and coaching staff will be submitted via the Little League Data Center in March of each year.

Safety Officer Compliance:

- Current Safety Officer with the Equipment Manager will inspect all League equipment prior to the beginning of season.
- With the President, will inspect all fields prior to the start of the season for any safety hazards.
- Will help coordinate Coach First Aid/CPR training for the beginning of March each year.
- Will help coordinate Field Day in March of each year.
- Will submit Safety ideas and concerns to the League Board to review and help in planning a solution.
- Will help raise funds to be spent on increasing leaguesafety.
- Will make sure all volunteers complete and submit a Volunteer Form with a copy of their Driver's License.
- Will make sure all volunteers will also turn in a copy of the Pennsylvania State Police Criminal Record Check and Child Abuse Clearances or FBI fingerprinting if they have not been a residence of PA for 10 years.
- Make sure each Manager has a First Aid kit that is fully stocked.
- Make sure ice packs in equipment shed are also stocked.

Injury Prevention:

- Every Volunteer will fill out a Volunteer application and turn in copies of Pennsylvania State Police Criminal Record Check and Child Abuse Clearances.
- Each Volunteer Application will be ran through JDP and kept on file with the Safety Officer for the entire season.
- No one should be permitted to help with practices or games unless they have an approved background check on file.
- At least Manager and 1 Coach will be CPR certified. Certifications expire every 2 years.
- First Aid/CPR training will be held in the beginning of March.
- Each Manager will be provided with a First Aid kit and should carry it to each practice and games.
- Managers should restock first aid kit after each practice or game.
- Fields should be inspected prior to the start of the season.
- Managers/Coaches should inspect the field prior to each game.
- Any safety concerns with the field or equipment should be submitted to either the Safety Officer or League President immediately.
- Only Coaches, Managers, players, and Umpires should be permitted on the field during games and practices.
- All equipment will be inspected prior to the start of the season and again before each game.
- All equipment should be kept in the dugout or behind the fence during games and practices.
- No child should be left unattended at the field.
- Players should not be wearing any jewelry.
- All bases should disengage from anchors.
- All batters should wear Little League approved protective helmets.
- Catchers must wear catcher's helmet with mask and throat guard, shin guards, chest protector, and protective cup. Even during practice. NO EXCEPTIONS.
- Coaches are not permitted to warm up pitchers between innings.
- Players should be removed from the field during inclement weather.
- No fooling around on the field at any time.
- Players should remain alert at all times.

Milton Little League Safety Plan

- I. Activities
 - A. Education
 1. All Managers will have a copy of the Safety Plan.
 2. All Managers and 1 Coaches are required to attend First Aid training every 2 years. One Coach along with the Manager from each team is required to be CPR certified. First Aid course will be held in March of each year.
 3. Managers and Coaches will be required to attend fundamental training also to be held in March each year. (At least 1 member of the coaching staff of each team is required to attend.)
 4. All Managers and Coaches are to read over the Safety Plan and become familiar with what is outlined.
 5. Managers and 1 Coach are required to take the concussion training and turn their certificate of completion in to the District Safety Officer. They are required to comply with the state concussion laws also.
 - B. Compliance
 1. Managers will carry the Safety Plan with them.
 2. Managers are responsible to follow what is set forth in this Plan
 3. Managers and Coaches are required to comply with the Concussion Laws.
 4. Managers will carry in their team binders blank Accident reports.
 5. Managers will be required to fill out Accident Reports and turn them in to the Safety Officer within the required time frame.
 6. Anyone involved in Milton Little League is required to immediately report any hazards to the appropriate person.
 - C. Reporting
 1. Managers will turn any Accident Reports over to the Safety Officer within 48 hours of the accident.
 2. Safety Officer is to mail Accident Reports to Little League Headquarters within 48 hours of receiving them.
 3. Safety Officer is required to keep an injury log on all injuries that take place each season.
 4. Safety Officer is required to make contact with the Player's Family within 48 hours to check on player.
 5. Safety Officer is required to report on all injuries at monthly Board Meetings or earlier if injuries are serious.
 6. Everyone is responsible to contact the Safety Officer, Equipment Manager, Concession Manager, or President if any unsafe conditions are seen.
- II. Equipment
 - A. Education
 1. Each player will be taught and shown proper handling of equipment.

2. Any volunteers of Milton Little League will be taught how to operate any equipment belonging to Milton Little League.
- B. Compliance
1. Before the start of the season, the Equipment Manager and Safety Officer will inspect all equipment.
 2. Any damaged equipment will be immediately removed and discarded.
 3. A log of damage equipment will be made by the Equipment Manager.
 4. First Aid kits will be restocked after each game and carried with Manager to ALL games and practices.
- III. Facilities
- A. Compliance
1. League President with the Safety Officer will inspect the field prior to the season.
 2. Managers and Coaches will inspect the field prior to each game and practice.
 3. All spectators will remain outside the playing field.
- B. Reporting
1. Any Safety Hazard will be immediately reported to the Safety Officer or League President.
- IV. Concession Stand

Milton Little League requires all Parent Volunteers to operate the concession stand in accordance of the laws of Pennsylvania. Volunteers should be familiar with safe food preparation and proper hand washing techniques. Each Parent Volunteer should attend a training session with the Concession Manager prior to working the stand for the first time. No one under the age of 18 should be in the stand without adult supervision and no one under the age of 16 should be preparing food or handling money.

- A. Concession Guidelines
1. All Volunteers will have access to manuals concerning safe food handling, preparing, and hand washing.
 2. All concession stand equipment will be inspected regularly.
 3. Hand washing should be done prior to handling any food, after handling any food, after using the restroom, and after handling money.
 4. Food must be cooked to 160 degrees F.
 5. Cold food should be kept in the refrigerator.
 6. Food that is expired should be discarded immediately.
- B. Concession Equipment
1. All equipment should be inspected regularly to check for defects.
 2. Any equipment that is damaged should not be used.

3. The Concession Manager should be contacted immediately regarding any broken equipment.
- C. Compliance
1. Know where the exit is located.
 2. Wash hands accordingly
 3. Keep a watch on children.
 4. Clean the stand at the end of the shift.
 5. Make sure there is a fire extinguisher located in the concession stand.
 6. Report on broken equipment to Concession Manager.

Grilling Safety

Please check grills thoroughly before each use. Check for leaks or cracks. Clean grill properly. Keep children away from the grill. Keep grill away from trees and buildings. NEVER leave the grill unattended.

New Bat Standards

- Non-wood and laminated bats used in the Little League (Majors) and below, Intermediate (50-70) Division, Junior League divisions, and Challenger division shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball’s Youth Bat Performance Standard.
- The bat diameter shall not exceed 2⁵/₈ inches for these divisions of play.
- Under the USABat standard, certified Tee Ball bats (26" and shorter) will feature the USA Baseball mark and text which reads ONLY FOR USE WITH APPROVED TEE BALLS. All Tee Ball bats must feature the USA Baseball mark and accompanying text.
- Illegal bats will be removed immediately.

Storage Shed Procedures

- Anyone having a key to storage sheds are responsible for keeping it organized and safe
- All equipment should be inspected before use
- All chemicals should be clearly labeled and safely stored out of the reach of children
- Any spills of chemicals should be cleaned properly right away
- No child should be using or in direct contact of the mower, weed whacker, or any chemicals.
- No child should be in storage shed without adult supervision

Child Protection Program

Milton Little League is required to perform nationwide background checks on all volunteers that come in direct contact with our kids. This includes but not limited to all Board Members, Managers, Coaches, Umpires, and Team Moms. Anyone wishing to volunteer for any of the above mentioned positions must submit a volunteer form and a copy of their driver's license.

The league will use JDP to perform the background checks. Any individual convicted of committing a crime against a minor will NOT be permitted to volunteer. All other convictions will be brought before the Board for approval.

- Milton Little League is responsible for conducting the background checks before the start of the season
- All volunteers in Milton Little League must submit a volunteer application and a copy of their driver's license yearly and a copy of the Pennsylvania State Police Criminal Record Check and Child Abuse Clearances or FBI fingerprinting if they have not resided in PA for 10 years.
- Volunteer Applications should be turned into the Presidents.
- Milton Little League Safety Officer will conduct the background checks annually
- All records will be kept safely in their possession until the end of the season at which time they will be destroyed
- At least one coach or manager must remain at the field until all players have been picked up by their parent or guardian

Accident Reporting

What to report- Any incident that causes any player, manager, coach, umpire, or first aid must be reported to the Safety Officer.

When to report- All incidents must be reported within 48 hours.

How to make the **report**- Please call the Safety Officer and provide the following information:

- Name and phone number of individual involved
- Date, time and location of incident
- Detailed description of what happened
- Possible injuries
- Name and phone number of person reporting the incident
- Complete the accident form and turn it into your League's President within 48 hours

Safety Officer's **Responsibility**

- Safety Officer will call the injured party or parents of the injured and verify the information.
- Obtain any additional information needed
- Check on the status of the injured party
- Will advise the injured of the League's insurance coverage and how to submit a claim
- Submit correct paperwork to the appropriate office
- Report on injuries to the Board.

Concussion Compliance

In order to better protect all children involved in Milton Little League, All managers and 1 coach from each team will be required to attend a Concussion Educational Session. Concussions are a serious matter and should not be taken lightly. Coaches will be given concussion materials provided by the CDC and expected to follow the Pennsylvania Concussion Law before allowing any child to return to play. Certification of completion should be turned in to District Safety Officer.

Communicable Disease Procedure

- Bleeding must be stopped, the wound covered, and the uniform changed if there is blood on it before the athlete may continue.
- Routinely use gloves to prevent mucus membrane exposure when contact with blood or other bodily fluids is anticipated.
- Immediately wash hands and other skin surfaces if contaminated with blood.
- Clean all blood contaminated surfaces and equipment.
- Managers, coaches, and volunteers with open wounds shall refrain from all direct contact until the condition is resolved.
- Follow accepted guidelines in the immediate control of bleeding and disposal when handling bloody dressings, mouth guards, and other articles containing body fluids.

Annual Lighting Safety Audit

Fields with lights will have an annual lighting audit done by a member of the District 13 lights audit committee. Our league will contact Dean Schreiber (if available) to have the lights audited by the end of March each year to assure lighting is properly running for the safety of all members of Milton Little League. No games or practices will be conducted on these fields with the lights on until this light audit is completed and passes all requirements.

Lightning Facts and Safety Procedures

Consider the following:

- The average lightning stroke is 6-8 miles long
- The average thunderstorm is 6-10 miles wide
- Once you can hear thunder you are already at in the risk area for lightning strikes

Weather and Lightning Policy

It is now required that all concession stands have an emergency weather radio in them. This will let everyone know when a severe storm or lightning is approaching. Fields should be cleared as soon as a storm approaches. All players and spectators should move to a covered area. Make sure no child is left alone during a storm. A game will not resume until there is no lightning for at least 30 minutes. A decision on whether play can be resumed will be made as soon as possible. If play cannot be resumed and the game is "official" then the game is over. If it is not "official" it will be suspended and played at a later date.

Where to go

No place is absolutely safe from lightning. Large enclosed shelters are the safest. Since there are usually quite a few people at the field for a game or practice, the best place to go is in a vehicle with the windows up. If you are stranded in an open area and cannot get to safety, put your feet together, get as close to the ground as possible, and put your hands over your ears to prevent damage to your eardrums.

Where you should never go

Stay out of open fields, under trees, and off bleaches. Avoid hanging on metal fences, light poles, and flagpoles. Please remove all children from the dugout. This is NOT a safe place to wait out a storm. The weather could become increasingly more dangerous in the matter of minutes. If you decide to wait out a seemingly small storm in a dugout you may be forced to have to seek other shelter in the middle of the storm.

First aid for a Lightning Victim

A lightning victim usually exhibits similar symptoms of someone who is having a heart attack.

- Call 911
- If the victim is in an open field the rescuer should determine if moving the victim from this area is possible. Lightning can strike an area twice. Do not put yourself in immediate danger.
- Check to see if the victim is breathing. If they are not, give mouth to mouth.
- Check for a pulse. If none is detected, start CPR.
- Remember every team should have a person that is certified in CPR Do not start CPR yourself if you aren't sure how to do it.

Equipment Safety Checklist

All Managers, umpires, and coaches are responsible for checking equipment prior to each game
Safety Equipment

First-aid kits ____

Medical Release Forms__

Accident Report Forms

Safety Manual_____

Cell phone_____

Catchers Equipment

Shin Guards ____

Helmets ____

Face Mask____

Throat Protector ____

Chest Protector ____

Catcher's mitt ____

Batting Helmets__

Bats Inspected ____

All Jewelry removed ____

Shoes Tied ____

Proper Uniforms__

Field Safety Checklist

Field Condition

Backstop____

Home Plate____

Bases ____

Pitcher's Mound__

Batter's Box____

Grass Surface ____

Infield Fence ____

Outfield Fence ____

Foul Lines Marked__

Field Free of Debris ____

Dugout ____

Benches____

Trash Cans ____

Protective Screens ____

Game Time Guidelines

Before the Game

1. Safety is everyone's main concern
2. Use Field Checklist
3. Use Equipment Checklist
4. Exchange Lineup cards
5. Get game balls
6. Check for proper uniforms
7. Make sure no jewelry is worn
8. Make sure catchers are wearing protective cups
9. Make sure there is no food in the dugouts
10. Make sure game starts ontime

During the Game

1. Safety is still the main concern
2. Make sure catchers have gear on even to warm up the pitchers in between innings
3. Continue monitoring the field for safety issues
4. Keep the game moving
5. Make sure calls and signals are made clearly
6. Make sure players are paying attention on the field
7. No arguing with umpires, other coaches, or spectators
8. Managers are responsible for keeping spectators in line
9. Keep aware of any inclement weather approaching

After each Game

1. Congratulate other team on a great game
2. Make sure all equipment is put away
3. Make sure dugouts are cleaned up
4. Make sure gates are locked
5. Make sure everything in the concession stand is turned off and cleaned up
6. Make sure any hazardous materials are locked up
7. Restock first-aid kit
8. Make sure sheds and concession stands are locked
9. Make sure all players are with a parent or guardian and has a ride home

Little League Codes of Conduct

Coaches' & Director's Contract

I will provide a playing environment for all players that is safe from physical and emotional harm.

I will treat each player as an individual, keeping in mind the wide range of physical and emotional development within the same group.

I will place the emotional and physical well being of the players ahead of any personal and parental desires to win.

I will abide by the National Little League's Code of Conduct:

I will not subject and child to neglect or to mental, verbal, physical, or sexual abuse.

I will not leave any child unsurprised

I will not be alone with any child where we cannot be observed by others.

I will not give any child gifts or special favors.

I will treat all children equally without respect to gender, race, religion, culture, or ability.

I will be a positive role model by maintaining an attitude of respect, loyalty, patience, courtesy, fact, and mates.

I will utilize positive guidance techniques.

will refrain from profanity, inappropriate jokes, and sharing on intimate details of my personal life.

I will not hold extra or special practices.

I will use coaching techniques that are appropriate for all the ages and skill levels present. I

will seek and encourage parental participation at practices, games and any other activities.

I will respectfully control the behavior of players and parents by asking them to leave the field or sidelines should they become unruly or create an atmosphere that is not appropriate for the

development of good sportsmanship-

Parent's Contract

I will place an emphasis on the fun of participation and keep the emotional and physical well being of all the children ahead of my personal desires to win.

I will require my child to treat other players, coaches, fans, and officials with respect without regard to gender, race, religion, culture, or ability.

I will encourage good sportsmanship by giving positive support to all players, coaches, and officials at every game, practice, or event.

I will support and assist this experience however I can, by being a respectful fan, by assisting with the practices, by providing transportation, etc.

I will refrain from the use of tobacco, alcohol, and drugs at all youth sport practices, games, and other events and will encourage others to do the same.

I will remember that youth sports are for the kids and not for the adults and will do my very best to make this experience fun for all the children and parents involved.

I will monitor the actions of our coach or coaches and will bring any behavior that is inconsistent with the Coach's Code of Conduct to the attention of someone in authority in the Little League Board of Directors.

I will pick up my child promptly after games and practices so the coach is not left in a compromising position with my child.

Player's Contract

I will not intentionally hurt or be mean to any player, coach, or referee.

I will pay attention to my coach and give him/her the respect they deserve. I will not misbehave or be disruptive during practices or games so that I do not ruin the experience of other children. I will not argue with umpires and will leave any disputes regarding officiating to the game officials and my coach.

I will follow the rules for safety that my coach and Little League have established.

I will send and willingly receive instruction both in skills of the sport and in proper sporting behavior and good sportsmanship.

I will encourage my parents to set an example of good sportsmanship for my fellow teammates, the other parents, and myself.

I will commit to follow the following pledge:

**I TRUST IN GOD
I LOVE MY COUNTRY AND
RESPECT ITS LAWS I WILL
PLAY FAIR
AND STRIVE TO WIN
BUT WIN OR LOSE
I WILL ALWAYS DO MY BEST.**